



HATE

Feeling Good

Feeling Safe

background

THIS PROJECT WAS CREATED BY THE YORKSHIRE & HUMBER YOUTH VOICE STEERING GROUP (Y&H YVSG), WHO HAVE IDENTIFIED THAT YOUNG PEOPLE ARE INCREASING SCARED OF BEING OR ARE THE VICTIMS OF CRIME, ESPECIALLY HATE AND KNIFE CRIME, AS EVIDENCED IN THE UK YOUTH PARLIAMENTS MAKE YOUR MARK BALLOT 2018, & 2019.

THESE CONCERN'S HAVE THE POTENTIAL TO IMPACT NEGATIVELY ON YOUNG PEOPLE'S MENTAL HEALTH AND EMOTIONAL WELL-BEING. FOR EXAMPLE, IN A RECENT SURVEY, YOUNG PEOPLE SHARED THAT THEY ARE CONCERNED ABOUT KNIFE CRIME, EVEN THOUGH IN REALITY, KNIFE CRIME IS LOW TO NON-EXISTENT IN THEIR LOCAL COMMUNITIES. THIS PERCEPTION OF CRIME IS NOT ONLY IMPACTING ON THEIR EMOTIONAL WELL-BEING, BUT PHYSICAL, AS SOME ARE SO SCARED TO GO OUT. IN CONTRAST, HATE CRIME, ESPECIALLY AGAINST MINORITY GROUPS, IS A GROWING ISSUE, HAVING A HUGE NEGATIVE IMPACT ON YOUNG PEOPLE.

TO BEGIN A PROCESS TO ADDRESS THIS ISSUE THE Y&H YVSG APPLIED FOR FUNDING THROUGH THE TESCO CENTENARY FUND AND WERE SUCCESSFUL FOR WEST YORKSHIRE.

THE INTENTION WAS TO WORK WITH YOUNG PEOPLE FROM LOCAL COMMUNITIES, TO TRAIN THEM TO BECOME PEER EDUCATORS AND TO DEVELOP A PEER EDUCATION PACKAGE, SO THAT THESE YOUNG PEOPLE COULD DELIVER WORKSHOPS LOCALLY, AS MANY TIMES AS REQUESTED, TO YOUTH GROUPS AND SCHOOLS.

TO ENSURE THE WORK CONTINUED BEYOND THE LIFE OF THE PROJECT, AND YOUNG PEOPLE HAVE THE OPPORTUNITY TO DEVELOP THEIR THINKING, THE GROUP HAVE CREATED A PACK , THAT DRAWS ON THE CONTENT OF THE WORKSHOPS THEY DEVELOPED AND RESOURCES TO SUPPORT PERSONAL AWARENESS RAISING.

THE PACK IS BROKEN DOWN INTO SECTIONS , EACH ONE FOCUSING ON A DIFFERENT CATEGORY OF HATE CRIME. THERE ARE FACTS, QUESTIONS TO CONSIDER,  AND SOME IDEAS OF THINGS TO LISTEN TO,  WATCH  OR READ. 



how to use this pack

The pack has been divided up into sections

We start with an introduction to hate crime.
Then there is a section on each type of hate crime
with resources for further exploration.

There are activities, workshop plans with supporting material & recommendations with links of things to watch, read or listen to.

We have brought together a variety of resources, rather than create more, in acknowledgment that tackling hate crime is a process, and lots of people have and will continue to, raise awareness to make society a better and safer place for us all.

We apologise if we have missed anything or some of the content makes anyone feel distressed.

We do however, hope that we each experience moments of discomfort, as we explore and develop our own understanding of hate crime.



Lets Start by thinking about our own experiences

People who experience prejudice describe it as either having to work extra hard or find that they are perceived with awe and can do no wrong. Let's look at this in a little more detail.

Bullseye circle – imagine you are standing on the Red Circle in the middle



if you are able to answer yes to the questions below you should move to the next colour circle

... people make negative judgements about you because of your age

... you have been refused entry to a shop because of your age

... you have experienced inappropriate language about your age

... you have been perceived as something special because of your age

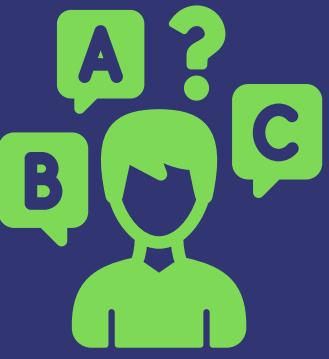
... you have felt marginalized because of your age

... people assume that you don't have experience or know stuff because of your age?

**How many times did you move?
what thoughts come to mind?
How do you feel about these labels?**



Quiz



**Q1: DO YOU HAVE ANY
UNDERSTANDING OF HATE CRIME?**

YES

NO

UNSURE

**Q3: IF YOU WERE IN A HATE
CRIME SITUATION, WOULD YOU
TELL A PARENT/GUARDIAN?**

YES No UNSURE

**Q2: HAVE YOU EVER
FELT TARGETED IN A
HATE CRIME SITUATION?**

YES

No UNSURE

**Q5: DO YOU KNOW
HOW TO DEAL
WITH HATE
CRIME?**

YES

No

UNSURE

**Q4: IF NOBODY EXPERIENCED HATE
CRIME, WOULD YOU FEEL SAFER DOING
THE THING YOU ENJOY?**

YES

NO

UNSURE

What is hate crime?

Difference between prejudice and discrimination

Despite the steps taken to reduce prejudice and discrimination from the society, they are still prevalent throughout the world. It may cause much pain and suffering to an individual or entire group, which results in the limiting opportunities for the people belonging to that group and even violence.

Due to several similarities between these two, people often misinterpret prejudice for discrimination, but they're two very different concepts.

In the purest sense,

prejudice is a preconceived opinion, that is not based on reason or actual experience. (<https://en.oxforddictionaries.com/definition/prejudice>)

Prejudice is an unjustified or incorrect attitude (normally negative) towards an individual based solely on the individuals' membership of a social group.

'A prejudiced person may not act on their attitude. Therefore, someone can be prejudiced towards a certain group but must not discriminate against them.'

Saul McLeod 2008.

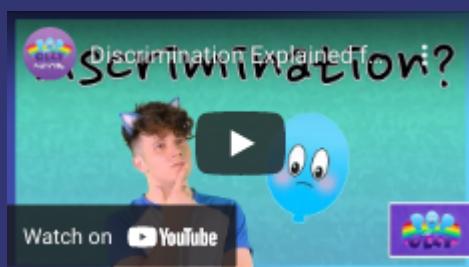
whereas

Discrimination is the behaviour or actions, usually negative, towards an individual or group of people, especially on the basis of sex/race/social class etc.,

Discrimination has been described as 'putting prejudices into practice'.

**PREJUDICE + POWER =
DISCRIMINATION**

Hate crime is when someone commits a crime against you because of your disability, gender identity, race, sexual orientation, religion, or any other perceived difference.



[watch here](#)

Match the words to their definitions

prejudice

The act of putting a label on something, or labels that are put on something

stereotyping

The fact of many different types of things or people being included in something; A range of different things or people

stigma

An unfair and unreasonable opinion or feeling; Especially when formed without enough thought or knowledge.

labelling

Treating a person or a particular group of people differently; Especially in a worse way from the way in which you treat other people, because of their skin colour, sex, sexuality etc.

equality

A set idea that people have about what someone or something I like; Especially an idea that is wrong.

diversity

A strong feeling of disapproval that most people in a society have about something; Especially when this is unfair

discrimination

The right of different groups of people to have a similar social position.

Judgement Call

Below are some images of people,
as you look at them note the first thing that comes into your head...

Then answer these 5 questions about the person:

- 1) What is their job?
- 2) What is their religion?
- 3) How old are they?
- 4) What is their sexuality?
- 5) Do they have a disability?



How quickly do you judge?

Where do those assumptions come from?

Why do we judge?

Is it okay to judge?

Think about those first thoughts you have why have you got them and where have they come from?



[read here](#)



Stonewall



What is hate crime?

Hate incidents and hate crimes are acts of violence or hostility directed at people because of who they are or who someone thinks they are. For example, you may...

HATE INCIDENTS AND HATE CRIMES ARE ACTS OF VIOLENCE OR HOSTILITY DIRECTED AT PEOPLE BECAUSE OF WHO THEY ARE OR WHO SOMEONE THINKS THEY ARE. FOR EXAMPLE, YOU MAY HAVE HAD ABUSE SHOUTED AT YOU ON THE STREET BECAUSE YOU WERE HOLDING HANDS WITH YOUR SAME-SEX PARTNER.

POLICE FORCES IN ENGLAND AND WALES MAKE A DISTINCTION BETWEEN A HATE CRIME AND A HATE INCIDENT.

A HATE INCIDENT IS DEFINED AS ANY ACT, WHICH MAY OR MAY NOT BE A CRIME, THAT THE VICTIM OR ANY OTHER PERSON PERCEIVES TO BE MOTIVATED BY HOSTILITY OR PREJUDICE TOWARDS AN ASPECT OF A PERSON'S IDENTITY. HATE INCIDENTS INCLUDE:

- VERBAL ABUSE LIKE NAME-CALLING
- HARASSMENT
- PHYSICAL ATTACKS SUCH AS HITTING, PUNCHING, PUSHING, SPITTING
- THREATS OF VIOLENCE
- HOAX CALLS, ABUSIVE PHONE OR TEXT MESSAGES, HATE MAIL
- ONLINE ABUSE FOR EXAMPLE ON FACEBOOK OR TWITTER
- HARM OR DAMAGE TO THINGS SUCH AS YOUR HOME, PET, VEHICLE
- GRAFFITI
- ARSON.

A HATE CRIME IS ANY ILLEGAL ACT WHERE THE PERPETRATOR IS MOTIVATED BY OR DEMONSTRATES HOSTILITY TOWARDS AN ASPECT OF A PERSON'S IDENTITY, SPECIFICALLY THEIR RACE, RELIGION, SEXUAL ORIENTATION, TRANSGENDER IDENTITY OR DISABILITY.

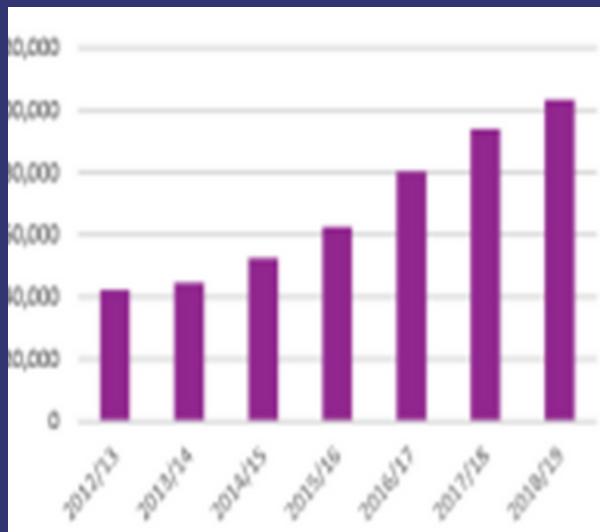
WHEN CLASSED AS A HATE CRIME, THE PERPETRATOR MAY RECEIVE A TOUGHER SENTENCE UNDER THE CRIMINAL DISORDER ACT 1998 OR THE CRIMINAL JUSTICE ACT 2003, DEPENDING ON WHICH IDENTITY STRAND IS TARGETED. THE LAW DOES NOT CURRENTLY RECOGNISE INTERSECTIONALITY IN HATE CRIME LEGISLATION.

Take a moment to think how you would define,
who it effects and why?



why is this important?

Figures 2013-2020



- This continues the upward trend in recent years with the number of hate crimes recorded by the police having more than doubled since 2012/13 (from 42,255 to 103,379 offences).
- While increases in hate crime over the last five years have been mainly driven by improvements in crime recording by the police, there has been spikes in hate crime following certain events such as the EU Referendum and the terrorist attacks in 2017.
- The majority of hate crimes were race hate crimes, accounting for around three-quarters of offences (76%; 78,991 offences).

Breakdown of hate crime

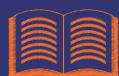
Hate crime strand	England and Wales, recorded crime							
	2011/12	2012/13	2013/14	2014/15	2015/16	2016/17	2017/18	2018/19
Race	35,844	36,846	37,576	42,282	48,419	62,896	71,264	78,991
Religion	1,813	1,572	2,284	3,283	4,400	5,848	8,339	8,568
Sexual orientation	4,245	4,241	4,533	5,681	7,184	9,157	11,682	14,481
Disability	1,743	1,911	2,020	2,615	3,829	5,663	7,221	8,268
Transgender	313	384	568	807	853	1,243	1,703	2,033
Total number of motivating factors	43,968	43,933	47,006	54,868	65,500	84,597	100,119	112,637
Total number of offences	N/A	42,255	44,577	46,888	50,111	53,343	56,563	60,379



What do you notice about the figures provided?
Why do you think the change occurred in numbers?
State 3 other factors of Hate crime

How would you combat hate crime?

[learn more here](#)



GOV.UK

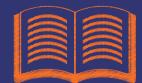
Hate crime statistics

Statistics on hate crimes and racist incidents in England and Wales recorded by the police.

GOV.UK - Home Office | Oct 22, 2014

Want to know more - click on the links

[click here](#)



Questions to consider
how do you feel
what do you think?
what have you learnt?



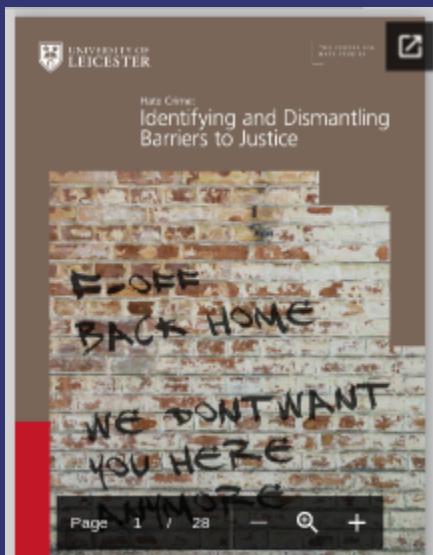
Hate crime incidents up 42% on last year after Brexit vote

There were 289 Incidents on 25 June alone - the day after the result was announced

[click here](#)



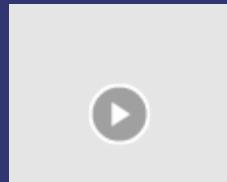
[HTTPS://WWW.BBC.CO.UK/NEWS/UK-ENGLAND-SOUTH-YORKSHIRE-52314222](https://www.bbc.co.uk/news/uk-england-south-yorkshire-52314222)



[click here](#)



[click here](#)



standingtogether.mp3

le.ac.uk



[click here](#)



Standing Together Against Hate | The Centre for Hate Studies | University of...

Description not available.

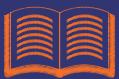
 le.ac.uk / Jul 5, 2018

SEND HATE CRIME

A DISABILITY HATE CRIME IS A CRIMINAL OFFENCE MOTIVATED BY HATRED OR PREJUDICE TOWARDS A PERSON BECAUSE OF THEIR ACTUAL OR PERCEIVED DISABILITY. ANY INCIDENT/CRIME, WHICH IS PERCEIVED BY THE VICTIM OR ANY OTHER PERSON, TO BE MOTIVATED BY A HOSTILITY OR PREJUDICE BASED ON A PERSON'S DISABILITY OR PERCEIVED DISABILITY.

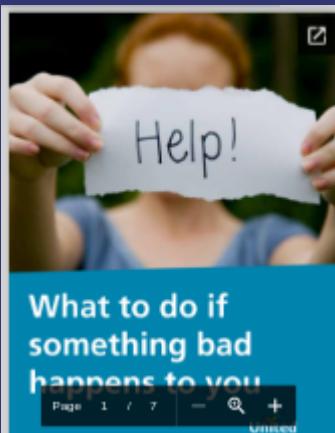
STATISTICS ON DISABILITY HATE CRIME IN THE UK . POLICE FIGURES FOR 2019/20 OBTAINED BY THE CHARITIES UNITED RESPONSE AND LEONARD CHESHIRE SHOW THAT DISABILITY HATE CRIMES ACROSS ENGLAND AND WALES CONTINUE TO RISE, WITH 7,333 CRIMES COMMITTED LAST YEAR – AN INCREASE OF 12%

[click here](#)



WHAT ARE THE SIGNS OF A HATE CRIME?

SIGNS WHICH ARE CLASSED AS HATE CRIME ARE VERY SIMILAR TO 'BULLYING'. THESE COULD BE:



[click here](#)

- UNEXPLAINABLE INJURIES
- LOST OR DESTROYED CLOTHING, BOOKS, ELECTRONICS, OR JEWELLERY
- FREQUENT HEADACHES OR STOMACH ACHES, FEELING SICK OR FAKing ILLNESS
- CHANGES IN EATING HABITS, LIKE SUDDENLY SKIPPING MEALS OR BINGE EATING. CHILDREN MAY COME HOME FROM SCHOOL HUNGRY BECAUSE THEY DID NOT EAT LUNCH
- DIFFICULTY SLEEPING OR FREQUENT NIGHTMARES
- DECLINING GRADES, LOSS OF INTEREST IN SCHOOLWORK OR NOT WANTING TO GO TO SCHOOL
- SUDDEN LOSS OF FRIENDS OR AVOIDANCE OF SOCIAL SITUATIONS
- FEELINGS OF HELPLESSNESS OR DECREASED SELF-ESTEEM
- SELF-DESTRUCTIVE BEHAVIOURS SUCH AS RUNNING AWAY FROM HOME, HARMING THEMSELVES OR TALKING ABOUT SUICIDE



[click here](#)

[HTTPS://YOUTU.BE/BNWFK1VcDHY](https://youtu.be/BNWFK1VcDHY)

[click here](#)



[click here](#)



WHAT ARE YOUR THOUGHTS ABOUT THE ARTICLE?



[listen here](#)



BBC Radio 5 live - 5 Live Investigates,
Disability Hate Crime
Reports of hate crimes against disabled children



[listen here](#)



BBC Radio Sheffield - Toby Foster at
Breakfast, Disability hate crime

Paul Walker sits in. A family discuss trying to raise
awareness of disability hate crime.

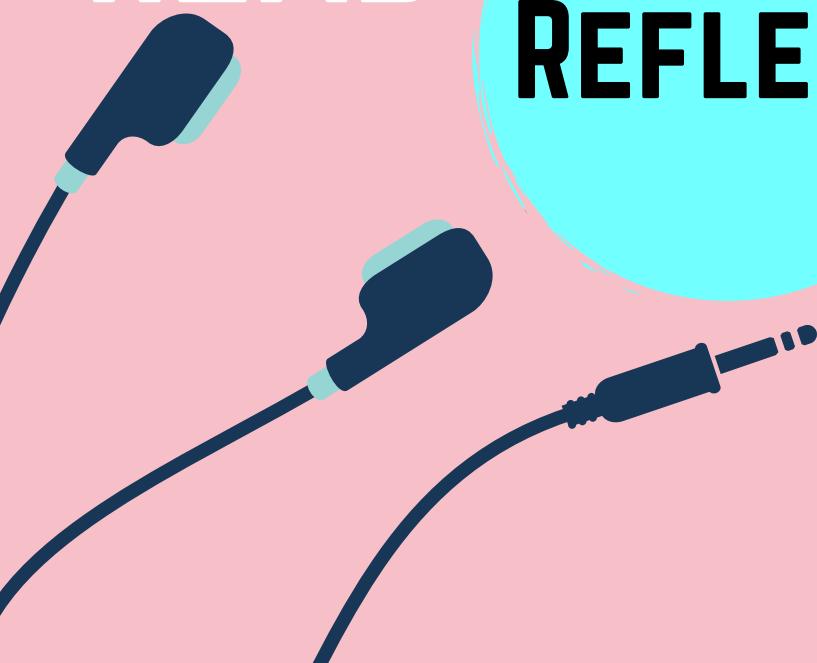


LISTEN
WATCH
READ

REFLECT

THINK

CHANGE



MUSIC



listen here



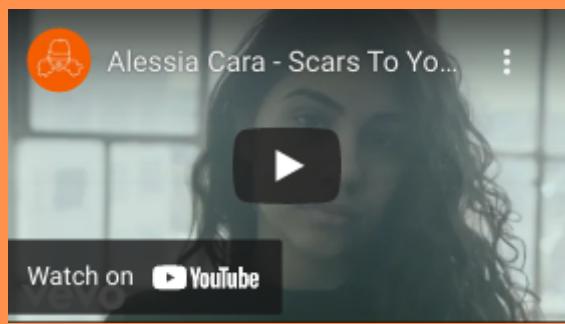
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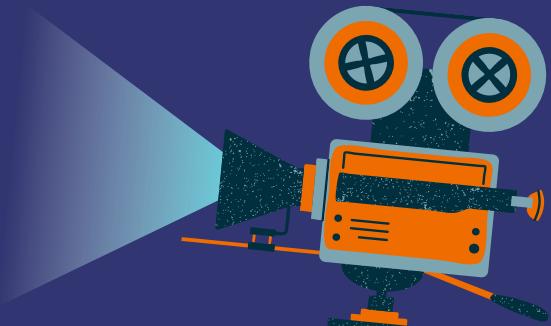
listen here



listen here



FILMS



CRIP CAMP

IS A CRITICALLY ACCLAIMED NETFLIX DOCUMENTARY ABOUT HOW A CAMP FOR DISABLED KIDS SPARKED THE DISABILITY RIGHTS MOVEMENT. EMPOWERING AND HILARIOUS, IT LETS DISABILITY RIGHTS ACTIVISTS TELL THEIR STORY IN THEIR OWN WORDS. IT IS THE PERFECT PRIMER FOR ANYONE LOOKING TO LEARN MORE ABOUT THE DISABILITY RIGHTS MOVEMENT AND HAVING BEEN TO A SUMMER CAMP FOR DISABLED CHILDREN MYSELF, IT WAS A JOY TO WATCH.



ZACK'S STORY IS A SHORT STOP-MOTION ANIMATION THAT UNITED RESPONSE CREATED WITH THE HELP OF PEOPLE WE SUPPORT. IN THIS SECOND CHAPTER OF ZACK'S STORY, ZACK'S BEST FRIEND EXPERIENCES A DISABILITY HATE CRIME AND ZACK HAS A NARROW ESCAPE FROM GETTING TANGLED UP WITH A COUNTY LINES GANG

JEREMY THE DUD,

AN AUSTRALIAN SHORT FILM. THE MAJORITY OF THE CAST IS DISABLED BECAUSE THE CONCEIT IS THAT IT TAKES PLACE IN A WORLD WHERE DISABILITY IS THE NORM, AND NON-DISABLED PEOPLE ARE STIGMATIZED

MASK

IS ABOUT ROCKY, A TEEN WITH A FACIAL DEFORMITY. HIS MOTHER IS ALSO A FIERCE ADVOCATE FOR HER SON, REFUSING TO ACCEPT HIS SCHOOL'S DISCRIMINATORY PRACTICES. ROCKY IS NOT THE VICTIM IN THIS MOVIE; HE'S JUST A DISABLED TEEN TRYING TO GET THROUGH HIGH SCHOOL,

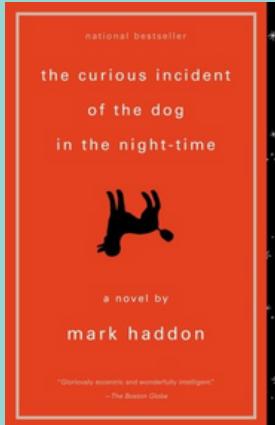
MY LEFT FOOT (1989)

CHRISTY BROWN, BORN WITH CEREBRAL PALSY, LEARNS TO PAINT AND WRITE WITH HIS ONLY CONTROLLABLE LIMB - HIS LEFT FOOT.

"INSIDE I'M DANCING" (2004)

THIS IS A COMEDY WHICH CENTRES ON TWO YOUNG DISABLED GUYS, RORY AND MICHAEL, WHO ARE INTENT ON LIVING LIFE TO THE FULL AND ESCAPING THE CARE HOME IN WHICH THEY LIVE. RORY, BEING REBELLIOUS, LEADS MICHAEL ON ADVENTURES INTO THE OUTSIDE WORLD IN PURSUIT OF INDEPENDENCE.

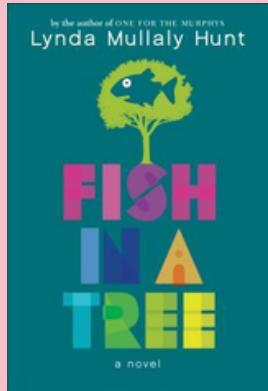
BOOKS



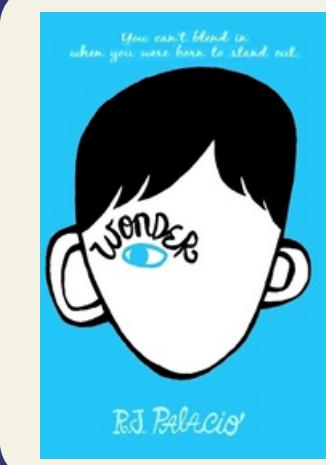
ALTHOUGH GIFTED WITH A SUPERBLY LOGICAL BRAIN, FOR FIFTEEN-YEAR-OLD CHRISTOPHER EVERYDAY INTERACTIONS AND ADMONISHMENTS HAVE LITTLE MEANING. HE LIVES ON PATTERNS, RULES, AND A DIAGRAM KEPT IN HIS POCKET. THEN ONE DAY, A NEIGHBOR'S DOG, WELLINGTON, IS KILLED AND HIS CAREFULLY CONSTRUCTIVE UNIVERSE IS THREATENED.

THE REASON I JUMP
One boy's voice from the silence of autism
Illustrated by DAVID MITCHELL
Translated by ICA Yoshida & David Mitchell

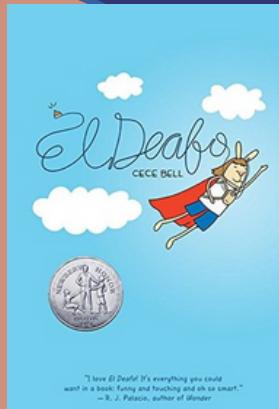
HE NO. 1 SUNDAY TIMES AND INTERNATIONALLY BESTSELLING ACCOUNT OF LIFE AS A CHILD WITH AUTISM



ALLY HAS BEEN SMART ENOUGH TO FOOL A LOT OF SMART PEOPLE. EVERY TIME SHE LANDS IN A NEW SCHOOL, SHE IS ABLE TO HIDE HER INABILITY TO READ BY CREATING CLEVER YET DISRUPTIVE DISTRACTIONS.



AUGUST PULLMAN WAS BORN WITH A FACIAL DIFFERENCE THAT, UP UNTIL NOW, HAS PREVENTED HIM FROM GOING TO A MAINSTREAM SCHOOL. STARTING 5TH GRADE AT BEECHER PREP, HE WANTS NOTHING MORE THAN TO BE TREATED AS AN ORDINARY KID —BUT HIS NEW CLASSMATES CAN'T GET PAST AUGGIE'S EXTRAORDINARY FACE



STARTING AT A NEW SCHOOL IS SCARY, EVEN MORE SO WITH A GIANT HEARING AID STRAPPED TO YOUR CHEST! AT HER OLD SCHOOL, EVERYONE IN CECE'S CLASS WAS DEAF. HERE SHE IS DIFFERENT. SHE IS SURE THE KIDS ARE STARING AT THE PHONIC EAR, THE POWERFUL AID THAT WILL HELP HER HEAR HER TEACHER.

DOCUMENTARIES



[click here](#)



BBC Radio 4 - Disability: A New History, A Disabled Identity

Peter White reveals the roots of a modern disabled identity in the 19th century.



[click here](#)



[click here](#)



[click here](#)



Positive Young Minds

A blogging and resources site; supporting educators, parents and...
positiveyoungmind.com



OTHER RESOURCES

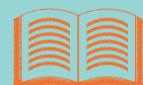
[HTTPS://WWW.UN.ORG/DEVELOPMENT/DESA/DISABILITIES/RESOURCES/DISABILITY-AND-THE-MEDIA.HTML](https://www.un.org/development/desa/disabilities/resources/disability-and-the-media.html)

[click here](#)



Learning Disability - Autism - Down's Syndrome

Mencap is a UK charity for people with a learning disability. We support their families and carers, too. We want the UK to be the best place in the world for...



[click here](#)

[click here](#)



Mental Health Charity For Children And Young People

YoungMinds are a mental health charity for children, young people and their parents, making sure all young people can get the mental health support they...



[click here](#)



Home | Disability charity Scope UK

We're Scope, the disability equality charity in England and Wales



[click here](#)



EAUTY IS A VERB IS A GROUND-BREAKING ANTHOLOGY OF DISABILITY POETRY, ESSAYS ON DISABILITY, AND WRITINGS ON THE POETICS OF BOTH.